

# Comfortable Hiking Holidays

Hike an adventure. Rest in Comfort.

## Trip Itinerary: Iceland Holiday

August 19 to 29, 2017

- Day 1** REYKJAVIK  
After checking into the hotel and treating ourselves to a little breakfast, we shall kick off the holiday with a walking tour of Reykjavik, Iceland's capital. (Light, sight-seeing)
- Day 2** PINGVELLIR NATIONAL PARK  
Pingvellir is the site of exceptional geological interest and is at the junction of the American and Eurasian tectonic plates. Additionally, Pingvellir is of great historical significance as it is the home of the Althingi, the site of Iceland's first national assembly in 930 AD. (Moderate, 14 km + 11 km)
- Day 3** NESJAVELLIR  
Hike around the geothermal field near the foot of the Hengill volcano. The ground seems almost alive with its sulphur pools, bubbling mud and sulphur encrusted earth. At the end of our hike, we'll visit the Hellisheidi Geothermal Plant. (Moderate, 10 km)
- Day 4** DAY OF LEISURE  
There is much to see and do around Reykjavik, but we also recommend a tour of Geyser and Gullfoss.
- Day 5** MOUNT ESJA  
Mt. Esja looms over Reykjavik like a guardian angel. From a distance, Esja seems to change colour constantly - some say to match her mood (in reality, the colours are the reflection of light on the basalt rock and minerals). (Moderate-challenging, 8 km)
- Day 6** TRAVEL FROM REYKJAVIK TO HUSAVIK & MOUNT SULUR HIKE  
This morning, take a short domestic flight from Reykjavik to Akureyri in the north.  
This afternoon, hike to the top of Mount Sulur at 3280 ft and be surrounded by some of the highest peaks in Northern Iceland. (Challenging, 11 km)  
Mount Sulur overlooks the city of Akureyri, Iceland's second largest. For those who prefer a more leisurely day, explore the town of Akureyri.
- Day 7** JOKULSARGLJUFUR NATIONAL PARK  
Hike past echo rocks, the remains of ancient volcanoes that have been eroded by the Jokulsa River. Then detour to the top of Rautholar for magnificent views of the Asbyrgi Canyon (Iceland's Grand Canyon). Continue along to the Klappir look-out, and the grand finale is Dettifoss, Europe's most powerful waterfall. (Moderate, 13 km)
- Day 8** HUSAVIK HIKE + WHALE-WATCHING EXCURSION  
Local area hike around Lake Botsvatn (Moderate, 10 km) Late afternoon whale-watching excursion.
- Day 9** MYVATN AREA  
Hike through the Krafla volcanic region including the Leirhnjukur crater, described as a "stench-laden sulphur-encrusted mud hole"! (Moderate, 17 km)
- Day 10** RETURN TO REYKJAVIK + BLUE LAGOON EXPERIENCE  
Noon flight from Husavik to Reykjavik. Afternoon at the Blue Lagoon - relax in warm geothermal seawater and let the mineral salts, algae and silica mud perform their magic on

your muscles and your skin.

## Day 11

FLIGHT HOME